

Response of white perilla's yield, water productivity, consumed energy and farm income to irrigation treatments in sandy soil

Hamdy E. KHALIFA¹, Ahmed TAHA^{*1}

Abstract

White perilla (*Perilla frutescens*) is not a widely grown commercial crop in Egypt and no information is available on water requirements of the crop under Egyptian conditions. Therefore, a field experiment was conducted in a private farm (30°40' N latitude, 32°15' E longitude, and 10.0 m above mean sea level), Ismailia Governorate, Egypt, during the 2022 and 2023 summer growing seasons. The objectives of this field experiment were to test the effect of six irrigation treatments (I_{Farmer}, I_{Growth-stage}, I_{120%ETo}, I_{100%ETo}, I_{80%ETo}, and I_{60%ETo}) on perilla seed yield, plant height, total carbohydrates (TC, %), total protein (TP, %), total oil content (%), macro-, secondary-, micro-nutrients, amounts of applied irrigation (AIW, m³/ha), water productivity (WP, kg seed/m³ applied water), yield response factor (Ky), energy consumption, and farm income. Results showed significant effect of the irrigation treatments on all tested parameters. The 2-year average AIW values were 9653, 7259, 6540, 5450, 4360, and 3270 m³/ha for I_{Farmer}, I_{Growth-stage}, I_{120%ETo}, I_{100%ETo}, I_{80%ETo}, and I_{60%ETo} treatments, respectively. The highest 2-yr. average seed yield of 4.979 t/ha was recorded for the I_{Growth-stage} treatment, while the lowest value of 2.890 t/ha was recorded for the I_{60%ETo} treatment. Results revealed also that, there were no significant differences between seed yields recorded for I_{Growth-stage} and I_{120%ETo} treatments in the two seasons. The 2-yr average WP values were 0.406, 0.686, 0.686, 0.713, 0.8, and 0.884 kg seeds/m³ for the I_{Farmer}, I_{Growth-stage}, I_{120%ETo}, I_{100%ETo}, I_{80%ETo}, and I_{60%ETo}, respectively. Perilla Ky value was 0.778 indicating moderately tolerant to deficit irrigation. The highest 2-yr average value of consumed electric energy of 4924 kW was recorded for farmer practice (I_{Farmer}), while the lowest average value of 1669 kW was recorded for the I_{60%ETo} treatment. The 2-yr average values of cost: benefit ratios were 1.50, 1.10, 1.20, 1.31, 1.43, and 1.90 for the same respective irrigation treatments. From the obtained results it could be concluded that, applying appropriate agronomic practices (e.g. proper amounts of irrigation water and applying fertilizer through drip-fertigation technique) can achieve high perilla seed yields. In case of water shortage, applying good agricultural practices and I_{120%ETo} can save 32.2% (3113 m³/ha) of applied irrigation water without significant reduction in seed yield, achieve 4.485 t/ha of seed yield, water productivity of 0.686 kg seed/m³, save 32.3% of electric energy, and 14.3% higher net income compared with farmer practice.

Keywords: Applied water, water productivity, yield response factor, electric energy, farm income

¹ Water Requirement and Field Irrigation Research Department; Soils, Water and Environment Research Institute; Agricultural Research Center, Egypt

^{*}Corresponding author
ahmedtaha362@yahoo.com

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INTRODUCTION

Perilla (*Perilla frutescens* L.) is a fast-growing annual medicinal, aromatic, herbal and functional food plant. It belongs to the mint family, *Lamiaceae*, which is primarily cultivated in Asian countries. Perilla's species include two types that are characterized on the basis of their morphology and dual uses: 1) *Perilla frutescens* var. *crispa* (Thunb.) Deane is generally used as leafy vegetable, spicy herb and medicinal plant, and 2) *Perilla frutescens* var. *frutescens* is used as an oil crop (Toska and Spoleto, 2014; Lin *et al.*, 2020; Das *et al.*, 2023). Perilla seeds are developing as a valuable resource for functional foods and medicines due to their rich oil and protein contents with diverse nutritional and health benefits (Guan *et al.*, 2024). Perilla seeds are ideal raw material for edible oil, high protein contents, and carbohydrates with oil content ranging as high as 35% to 45%, protein contents from 18.5 to 30%, and carbohydrate contents from 22.8 to 26.0% (Sargi *et al.*, 2013; Yang *et al.*, 2022; Das *et al.*, 2023; Li *et al.*, 2023). Studies indicated that perilla crop is sensitive to environmental stresses, especially temperature and soil water content, with direct effects on growth

parameters and seed and oil yields (Ucan *et al.*, 2007; Hagiwara *et al.*, 2010). Generally, plants grow rapidly and produce better biomass yields in less stressful environments. Lin *et al.* (2020) tested the effect of temperature (°C) and volumetric soil water content (VWC) on perilla growth and production. They reported that all perilla plants treated with severe-stress treatments, 15°C (low temperature) and 35°C (high temperature) with 15% VWC for five weeks, exhibited harmful effects to their leaves and significant decrease on maximal quantum yield of PSII photochemistry values compared to the 20-25°C and 65% VWC (control treatment).

Worldwide, water scarcity is increasing in frequency, intensity, and magnitude which pose threats to the food security of millions of people. A balance between conserving water supply and ensuring food security should be considered to attain sustainable agriculture. Proper strategies to cope with the major challenge of water scarcity are required for crop management, implementing advanced technologies to help farmers optimizing water use, and adopting policies that encourage farmers to conserve and efficient use of water resources (Evans and Sadler, 2008).

Because of Egypt's arid climate and limited water resources, water availability for the agricultural sector is considered as a major challenge for the sustainability of food production. Therefore, managing water efficiently is crucial for successful cultivation of crops.

In Egypt, perilla (*Perilla frutescens* L.) is not a widely grown commercial crop. The few researches conducted on perilla focused on successful cultivation, volatile oil extraction, and nutraceutical analysis. Studies proved that East Asian perilla varieties can thrive in well-drained soils and require temperatures between 21°C and 30°C, making them adaptable to Egypt's climate if adequate irrigation is provided, producing herbal yield and volatile oil rich in omega fatty acids (Omer *et al.*, 1998). There is no information available regarding the response of perilla productivity grown in sandy soils to different amounts of applied irrigation water under Egyptian conditions.

The hypotheses of this study was that different amounts of applied irrigation water might affect perilla growth characteristics, seed yield and its constituents, energy consumed and farm income. Therefore, the objectives of this trial were to determine the effect of irrigation treatments on perilla seed yield, plant height, total carbohydrates, total protein, total oil content, macro-, secondary-, micro-nutrients, amounts of applied irrigation, water productivity, yield response factor, energy consumption, and farm income.

MATERIALS AND METHODS

Experimental site description

A field experiment was conducted in a private farm (30°40' N latitude, 32°15' E longitude, and 10.0 m above sea level), Ismailia Governorate, Egypt (Figure 1), during the 2022 and 2023 summer growing seasons. The experimental site represents the newly reclaimed sandy soil of East Nile Delta region. The site is characterized with hot/dry summer and nonsignificant rainfall amounts. Mean monthly agrometeorological data for 2020 and 2021 at the experimental site are presented in Table 1.

The data in Table 1 were used to calculate monthly reference evapotranspiration (ET_o) values for the experimental site using the FAO-56 Penman-Monteith equation (Allen *et al.*, 1998).

Samples from the upper 60 cm soil surface were collected at 15 cm interval to determine main soil physical parameters (particle size distribution, textural class, and bulk density), hydro-physical constants (field capacity, wilting point, and available soil moisture), and some chemical properties (pH, ECE, and soluble cations and anions). Physical and chemical soil analyses were done according to the standard methods as described by Klute (1986) and Tan (1996). Soil samples were also analyzed for determining available macronutrients (N, P, and K)

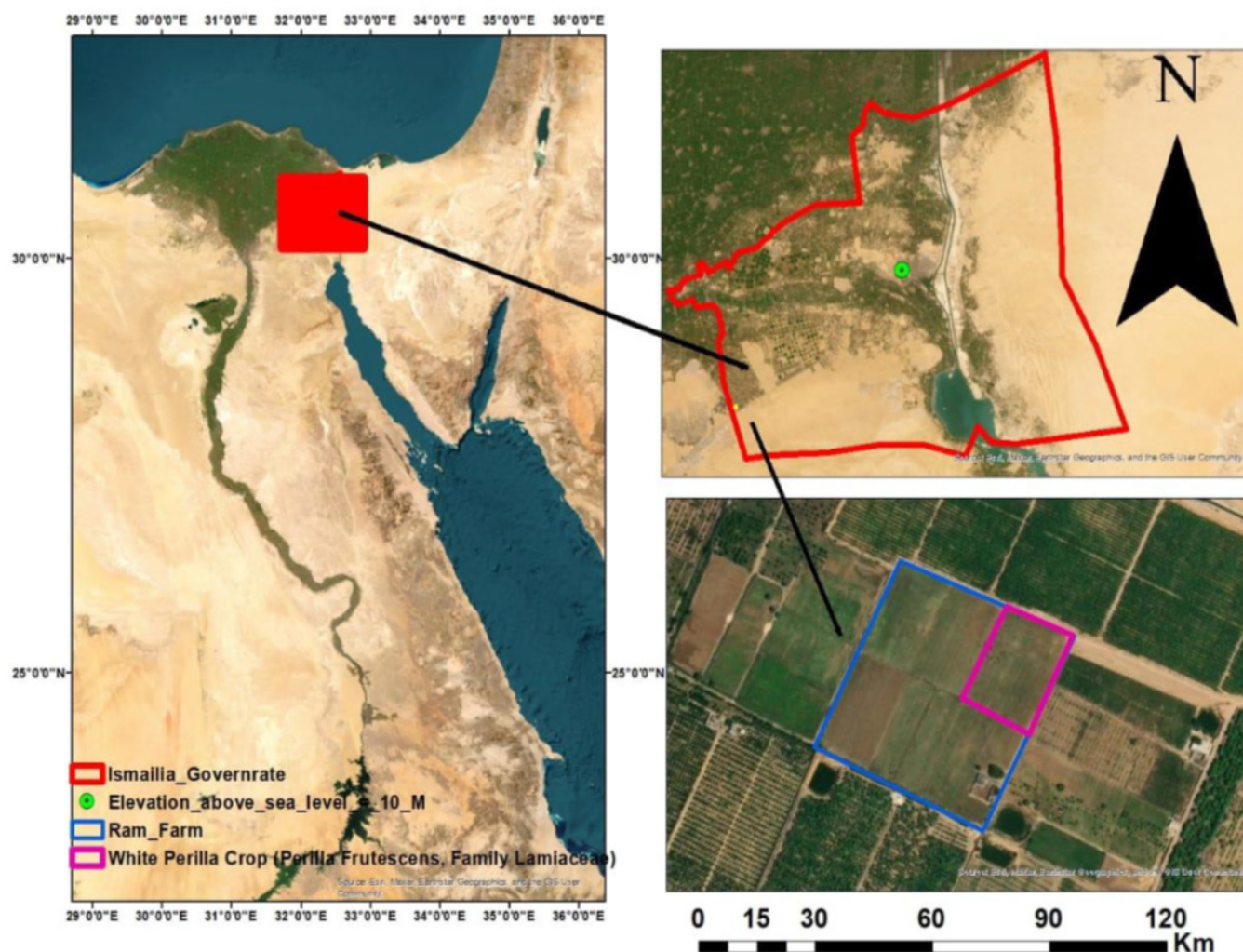


Figure 1: Experimental site location

and the obtained values were 16.7, 5.50, and 65.1 mg kg⁻¹, respectively. Accordingly, the soil was characterized by low fertility and insufficient available water for plant growth. As for irrigation water, samples were collected from Ismailia branch which supplies irrigation water to the farm and the chemical analysis is given in Table 2.

Table 1: Mean monthly values (2020-2021) of maximum (Tmax), minimum (Tmin) air temperatures, relative humidity (RH), wind speed (Ws), sunshine (hr.), and rainfall (R) during perilla growing season

Month	Tmax (°C)	Tmin (°C)	RH (%)	Ws (m s ⁻¹)	Sunshine (hr.)	R (mm/mon.)
June	39.1	21.7	44.1	4.20	11.9	0.2
July	39.8	22.9	46.3	4.05	12.7	0.4
August	38.0	22.1	51.2	3.85	12.2	0.5
September	33.4	19.4	55.4	3.40	11.0	3.3
October	27.8	15.5	60.6	2.75	10.4	3.9

Table 2: Analysis of soil physical, hydro-physical, and some chemical properties and irrigation water analysis at the experimental site

Soil properties	Soil depth (cm)			
	0-15	15-30	30-45	45-60
Physical parameters				
Coarse sand, %	68.7	73.1	74.1	75.2
Fine sand, %	25.7	22.7	22.2	20.5
Silt, %	3.60	2.74	2.60	3.32
Clay, %	1.95	1.42	1.00	0.94
Textural class	Sandy	Sandy	Sandy	Sandy
Bulk density, g cm ⁻³	1.65	1.76	1.75	1.72
Hydro-physical parameters				
Field capacity, % v/v	15.2	13.5	9.43	10.2
Permanent wilting point, % v/v	6.07	5.16	4.03	3.78
Available soil moisture, % v/v	9.10	8.32	5.40	6.40
Chemical parameters				
pH (1:2.5)	7.64	7.55	7.52	7.44
ECe, soil past extract, dS m ⁻¹	0.55	0.53	0.51	0.49
Soluble cations, meq L ⁻¹				
Ca ²⁺	1.30	1.26	1.28	1.32
Mg ²⁺	0.60	0.58	0.55	0.53
Na ⁺	2.05	2.06	1.66	1.67
K ⁺	0.20	0.22	0.16	0.20
Soluble anions, meq L ⁻¹				
CO ₃ ²⁻	nd*	nd	Nd	nd
HCO ₃ ⁻	1.35	1.33	1.20	1.22
Cl ⁻	1.94	1.90	1.60	1.63
SO ₄ ²⁻	0.86	0.91	0.85	0.87
Irrigation water analysis				
pH	8.08			
EC, dS m ⁻¹	0.36			
Soluble cations (meq L ⁻¹)				
Ca ²⁺	Mg ²⁺	Na ⁺	K ⁺	
1.0	0.5	1.9	0.18	
Soluble anions (meq L ⁻¹)				
CO ₃ ²⁻	HCO ₃ ⁻	Cl ⁻	SO ₄ ²⁻	
nd*	0.50	2.50	0.58	

*nd: not detected.

Experimental design and tested treatments

The field experiment was implemented in a strip plot design with four replicates. Irrigation treatments were laid out in the horizontal plots. The plots area was 700 m².

The tested irrigation treatments were as follows:

- I_{Farmer}: Farmer treatment (control). The farmer applied irrigation and fertilizer amounts without interference from the researchers.

- I_{Growth-stage}: Applying irrigation water according to growth stages of perilla crop defined as: germination (5-14 days); seedling (14-28 days); vegetative (28-42 days); flowering (14-28 days); and seed production (28-42 days). In this treatment, applied irrigation water increased gradually from 120% ETo during germination to 140% ETo during vegetative stage, then decreased gradually to 120% ETo by the end of the season.

- I_{120%ETo}: Irrigation with amounts of water equal to 120% ETo.

- I_{100%ETo}: Irrigation with amounts of water equal to 100% ETo.

- I_{80%ETo}: Irrigation with amounts of water equal to 80% ETo

- I_{60%ETo}: Irrigation with amounts of water equal to 60% ETo

Irrigation treatments started from sowing perilla seeds and stopped 5 days before harvest. Irrigation event was practiced every 2 days.

Cultural practices

White perilla's (*Perilla frutescens* L.) seeds were sown at rate of 5 kg/ha on raised beds of 120 cm width. Two drip lines spaced at 60 cm were on each raised bed. Seeds were banded 2 to 3 cm from soil surface with spacing of 20 cm between seeds and 60 cm between rows. Seeds were sown on June 20 of 2022 and 2023 summer seasons. Perilla crop matures within 90-120 days from sowing. The plants were harvested on October 5 of the two seasons.

Fertilizers added to the crop were: Nitrogen fertilizer (ammonium nitrate, 33.5% N) was added at the rate of 140 kg N/ha, potassium sulfate was added at the rate of 55 kg K₂O/ha, and phosphorus was added at the rate of 50 kg P₂O₅/ha as phosphoric acid (60%). Fertilizers were added through irrigation water (fertigation) and started 15 days from sowing. All macronutrient fertilizers were added in equal doses (3 doses per week) through the irrigation water in 80% of irrigation time using the venture injector. Micro-nutrients, i.e. Fe, Zn and Mn, were also added at the rate of 300:300:300 g/ha using a regular hand sprayer. The recommended practices used for growing perilla crop including weeds and pest management were followed.

The crop was irrigated by a surface drip irrigation system. Fresh water from Ismailia canal was the source of irrigation water. The surface drip system consists of:

- Irrigation pump (60 hp) with discharge rate of 100 m³ h⁻¹

- Sand and screen filters and a venturi fertilizer injector.

The conveying pipeline system consists of:

- 160 mm PVC main line.

- 110 mm PVC sub-main line.

- 50.8 mm PVC sub sub-main line.

- The drip lateral lines of 16 mm diameter are connected to the sub sub-main line. Each lateral line is

24 m long equipped with build-in emitters of 4 L h⁻¹ discharge rate spaced at 30 cm. Each lateral has 16 mm PE valve to control the application of irrigation water and the applied mineral fertilizers.

Measurements of plant height and crop yield

Plant height (cm) of perilla crop was measured four times from soil surface up to the top, after 45 and 60 days from sowing. All plants representing each treatment were collected at harvest time to determine seed yield/ha.

Chemical analysis

At harvest, samples from perilla seeds were collected from all treatments to determine total carbohydrate (TC, %), crude protein (CP, %), and oil content (%) during 2022 and 2023 seasons. Total carbohydrate percentage was determined in plants using colorimetric method as described by Herbert *et al.* (1971). As for crude protein, the nitrogen content of the collected samples was determined by Kjeldahl N (AOAC, 1999) and the value recorded for nitrogen was then multiplied by 6.25 to determine CP of the sample.

Irrigation water measurements and crop-water relations

The following parameters were considered in this study:

Applied irrigation water (AIW)

The amount of applied irrigation water was calculated according to the equation given by Vermeiren and Jopling (1984) as follows:

$$AIW = \frac{ET_o \times Kr \times A \times Interval}{Ea (1 - LR)}$$

where:

AIW = applied irrigation water (m³).

ET_o = reference crop evapotranspiration (mm/d).

Kr = ground cover reduction factor (= 0.94 according to Keller and Karmeli (1975).

I_{interval} = irrigation interval (2 days under experimental conditions).

A = irrigated area (m²).

Ea = irrigation efficiency = 0.85 and 0.92 in the 1st and 2nd seasons, respectively.

LR = leaching requirements (was not considered in this study to avoid the effect of excess leaching water on deficit irrigation treatments).

Yield response factor (Ky)

The yield response factor, which links relative yield decrease to relative applied irrigation water deficit, was expressed by the standard formulation given by Vaux and Pruitt (1983).

Crop water productivity (WP)

Crop water productivity, relates unit of crop economic yield (seed) to unit of water applied, was calculated according to Zhang (2003).

Energy saving (ES, %)

Energy saving (%): is the electric energy (kwh) saved from operating the irrigation pump according to the tested irrigation treatments compared with farmer practice. The ES values were calculated according to the following equation:

$$ES (\%) = \frac{(\text{Actual energy used})}{(\text{Energy used by farmer})} \times 100$$

Economic analysis

Economic analysis was performed to evaluate the economic return due to the tested irrigation treatments. The analysis was done through the calculation of differences between costs of production (L.E./ha) and income profits (L.E./ha) to obtain the net return (L.E./ha) of the proposed treatments as compared with farmer practice and to identify the best treatment that achieves the highest net return. The income profits were calculated based on the actual prices of average perilla production cost at farm gate. The net income values were calculated using the following formula:

$$\text{Net income} = \text{Total profits} - \text{Total costs}$$

Also, the benefit-cost ratio that indicates the relationship between the cost and benefit of producing perilla seeds as affected by the tested irrigation treatments was determined. The formula describing this ratio is given as:

$$\text{Benefit: Cost Ratio} = \frac{\text{Benefits achieved (L. E.)}}{\text{Production cost (L. E.)}}$$

Statistical analysis

The obtained data were statistically analyzed according to (MSTAT-C) computer software package. Least significant differences (LSD) method was used to test the differences between treatment means at 5% level of probability as described by Snedecor and Cochran (1980).

RESULTS AND DISCUSSION

Reference crop evapotranspiration (ET_o)

The calculated 2-seasons average reference evapotranspiration (ET_o) values at the experimental site for perilla crop are illustrated in Figure 2. Results indicated that, the ET_o value for irrigation season (20 Jun. – 5 Oct.) was 513 mm. Results presented in this figure show that, the highest mean ET_o values were 5.29 and 5.51 mm/day during June and July, respectively. The lowest mean ET_o values were 4.11 and 2.86 mm/day during September and October, respectively.

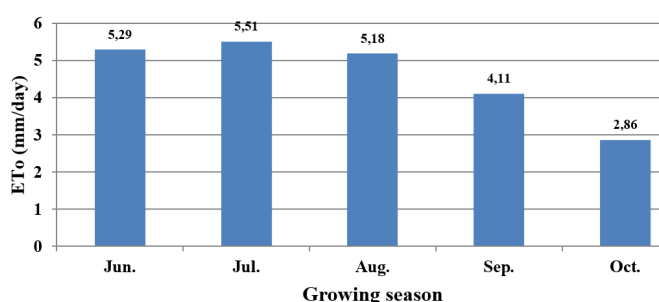


Figure 2: Reference crop evapotranspiration (mm/day) during white perilla growing season

Effect on applied irrigation water (AIW)

Results in Table 3 show the effect of tested irrigation treatments on amounts (m³/ha) of applied irrigation water to white perilla crop. The 2-year average AIW values were 9653, 7259, 6540, 5450, 4360, and 3270 m³/ha for the farmer practice, irrigation according to growth stage, 120%, 100%, 80%, and 60% ET_o treatments, respectively. It is clear from the results that, amounts of AIW in the first season were higher than the amounts in the second season

Table 3: Effect of tested irrigation treatments on the amounts of applied irrigation water (AIW) and water saving (%) during the 2022 and 2023 growing seasons

Irrigation treatment	2022		2023		2-Year average	
	AIW (m ³ ha ⁻¹)	Saving (%)	AIW (m ³ ha ⁻¹)	Saving (%)	AIW (m ³ ha ⁻¹)	Saving (%)
I _{Farmer}	9900	0.0	9405	0.0	9653	0.0
I _{Growth-stage}	7571	23.5	6947	26.1	7259	24.8
I _{120 % ET_o}	6821	31.1	6259	33.5	6540	32.2
I _{100% ET_o}	5684	42.6	5216	44.5	5450	43.5
I _{80% ET_o}	4547	54.1	4173	55.6	4360	54.8
I _{60% ET_o}	3411	65.5	3130	66.7	3270	66.1

due to the lower application efficiency (Ea) of 85% in the 1st season and higher application efficiency of 92% in the 2nd season. The 2-yrs. average water saved were 24.8, 32.2, 43.5, 54.8, and 66.1% for the respective treatments compared to farmer practice. The obtained results reflect the need of extension services to transfer the obtained results to the farmers growing newly cultivated crops such as white perilla crop to avoid excess of irrigation water, reduce the cost of fertilizers added and energy used for irrigation, and to decrease the negative effect on crop yield.

The obtained results were close to those reported by Soni *et al.* (2022) who stated that, water footprint for perilla crop typically ranges from 400 to 700 mm over a 110- to 150-day growing season. The obtained results were higher than those reported by Lin *et al.* (2020) who reported that, perilla typically requires between 350 mm and 500 mm of water, per growing season, and consuming an average of 4 to 6 mm/day during peak growth stage depending on the climate and growth stage. The differences in amounts of water applied in this experiment and those reported in the literature could be due to climatic parameters, soil type, perilla varieties, and length of growing season.

Effect on white perilla seed yield and water productivity

Results indicated that white perilla seed yields were significantly affected by irrigation treatments in the two growing seasons. The highest 2-yr. average seed yield of 4.979 t/ha was recorded for the I_{Growth-stage} treatment, while the lowest value of 2.890 t/ha was recorded for the I_{60% ET_o} treatment (Table 4). Results showed that seed yields of the 2nd seasons were higher (from 8% for the I_{60% ET_o} to 20% I_{Farmer} treatments) than seed yields of the 1st season. The results can be explained by the fact that application efficiency (Ea) of irrigation water was higher in the 2nd season with direct effect on improving fertilizer application ef-

Table 4: White perilla seed yield (t/ha) and water productivity (WP, kg/m³) as affected by irrigation treatments in 2022 and 2023 growing seasons

Irrigation Treatment	Yield (t/ha)			WP (kg seed/m ³)		
	2022	2023	2-yr Average	2022	2023	2-yr Average
I _{Farmer}	3.563 BC	4.283 BC	3.923	0.360	0.455	0.406
I _{Growth-stage}	4.758 A	5.200 A	4.979	0.628	0.749	0.686
I _{120 % ET_o}	4.100 AB	4.870 AB	4.485	0.601	0.778	0.686
I _{100% ET_o}	3.795 BC	3.980 C	3.888	0.668	0.763	0.713
I _{80% ET_o}	3.247 C	3.725 CD	3.486	0.714	0.893	0.800
I _{60% ET_o}	2.780 C	3.000 D	2.890	0.815	0.958	0.884
LSD _{0.05}	0.689	0.824	-	-	-	-

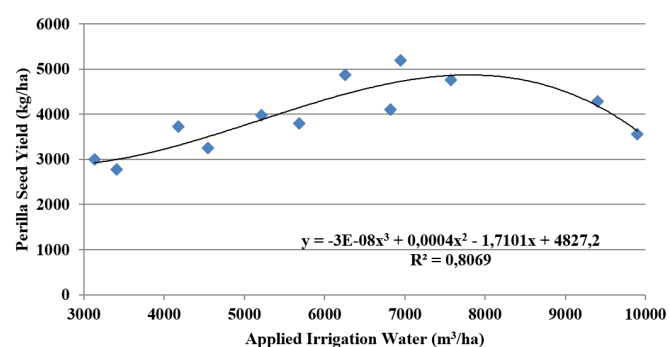
iciency and increasing seed yields. Results revealed also that, there were no significant differences between seed yields recorded for I_{Growth-stage} and I_{120%ET_o} treatments in the two seasons. The results indicate that deficit irrigation limits the plant's ability to produce healthy seeds, directly reducing overall harvest weight. Based on the obtained results it could be recommended, in case of water shortage, that applying good agricultural practices (e.g. proper amounts of irrigation water, and applying fertilizer by fertigation technique) can save 7.4% of applied irrigation water (I_{120%ET_o}) as compared to I_{Growth-stage} treatment without significant reduction in white perilla seed yield.

Results showed also that perilla seed yield is sensitive to water stress, excess irrigation (I_{Farmer}) or deficit irrigation (I_{80% ET_o} and I_{60% ET_o}). The results were similar to those of Ucan *et al.* (2007) and Hagiwara *et al.* (2010), who indicated that perilla yields are sensitive to environmental stresses, especially water stress. The obtained seed yields were close to that reported by Rouphael *et al.* (2015) who reported that, perilla seed yield grown under organic system was 319.6 g/m² (3.196 t/ha) and was 437.6 g/m² (4.376 t/ha) under conventional system. The results were also close to those reported by Ansari *et al.* (2025), who concluded that perilla seed yield varies between 0.55 – 3.480 t/ha based on the genotypic variation of perilla crop.

A third order polynomial equation was used to explain the best association between seed yields (kg/ha) and applied irrigation water (m³/ha) for all tested treatments. The obtained 3rd order degree polynomial equation explaining seed yield – AIW relation is illustrated in Figure 3 and expressed as:

$$\text{Yield} \left(\frac{\text{kg}}{\text{ha}} \right) = -3 \times 10^{-8} (\text{AIW})^3 + 0.0004 (\text{AIW})^2 - 1.71 (\text{AIW}) + 4827.2 \quad R^2 = 0.8069$$

The coefficient of determination value ($r^2 = 0.8069$) indicates that, the developed relation can effectively explain the relation between seed yields and applied water within the 3130 m³/ha ≤ AIW ≤ 9900 m³/ha irrigation amounts.

**Figure 3: The 3rd order equation describing the relation between white perilla seed yield and AIW**

Results in Table 4 showed also that, water productivity values increased with decreasing amounts of applied irrigation water. The 2-yr average WP values were 0.406, 0.686, 0.686, 0.713, 0.8, and 0.884 kg seeds/m³ for I_{Farmer}, I_{Growth-stage}, I_{120% ET_o}, I_{100% ET_o}, I_{80% ET_o}, and I_{60% ET_o}, respectively. Results can be also explained by the statement by Harisha *et al.* (2023) who indicated that, increasing WP with less amounts of applied irrigation water could be due to increasing net assimilation or decreasing transpiration driven by rapid stomatal regulation, altered biomass allocation, and the unique metabolic responses to water scarcity.

The obtained results were close to those reported by Soni *et al.* (2022), who indicated that water productivity for perilla seed production averages (0.3 to 0.6 kg/m³) (3 to 6 kg/ha/mm), meaning it requires roughly (1.6 to 3.3 m³) of water to produce one kilogram of perilla seed.

Effect on yield response factor (Ky)

The relation between relative yield reduction and relative reduction in applied irrigation water (i.e. Ky) is illustrated in Figure 4. The linear equation governing this relation is expressed as:

$$Y = 0.778 X, r^2 = 0.97$$

where Y: represents relative yield reduction ($1 - Y_a/Y_m$). In this study, Y_m represents the yields obtained from I_{Growth-stage} treatment, while Y_a represents the yields obtained from I_{120%ETo}, I_{100%ETo}, I_{80%ETo}, and I_{60%ETo} treatments.

X: represents relative reduction in applied irrigation water ($1 - AIW_a/AIW_m$). The AIW_m represents the applied irrigation water for the I_{Growth-stage} treatment, while AIW_a represents the applied irrigation water for the I_{120%ETo}, I_{100%ETo}, I_{80%ETo}, and I_{60%ETo} treatments.

The constant 0.778 represents the obtained crop response factor (K_y) under the experimental conditions. Since K_y value is less than 1.0, the relative reduction in yield is less than the relative reduction in applied water and the white perilla crop can be considered as moderately tolerant to deficit irrigation. The coefficient of determination (r²) value of 0.97 indicates that the developed relation can predict with high confidence level the relative yield reduction due to relative reduction in applied irrigation water at the experimental site and other locations with similar conditions.

The obtained result was similar to that reported by Lin *et al.* (2020) who indicated that perilla crop is moderately drought-tolerant since it exhibits a strong ability to optimize water use and producing high biomass relative to the amount of water lost through transpiration while subjected to moderate drought.

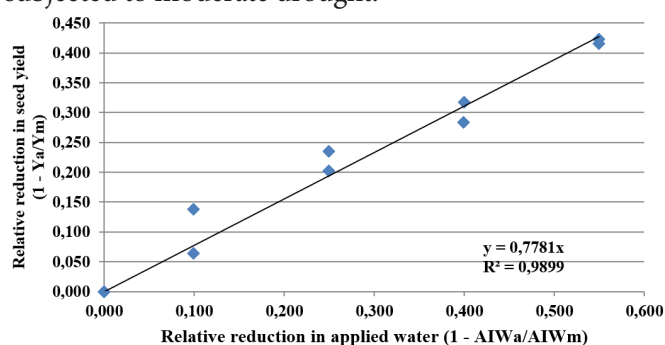


Figure 4: Yield response factor (K_y) of white perilla crop

Effect on plant height, total carbohydrates, total protein, and oil percentage

Results in Table 5 showed major effect of the tested irrigation treatments on plant height, total carbohydrates, total protein, and oil percent in the two seasons. The 2-year average tallest plant values of 55.8 cm after 45 days and 75.6 cm after 60 days from sowing were recorded for I_{Growth-stage} treatment. While, the shortest plant values of 38.3cm after 45 days and 41.4cm after 60 days from sowing were recorded for I_{60%ETo} treatment. Results showed that, increasing the amount of applied water (e.g. I_{Growth-stage} treatment) led to increasing plant height by 35.5% during the period from 45 to 60 days from sowing. Meanwhile, under severe deficit irrigation (e.g. I_{60%ETo} treatment), the increase in plant height was 8.1% during the same growing period. The decrease in plant heights can be explained by the fact that imposing water stress inhibits photosynthesis and restricts plant growth by limiting cell division and expansion. The obtained results were close to those of Shin *et al.* (2022) who indicated that plant height varied from 47.3 to 57.5cm after 106 days from planting.

Results revealed that, the 2-yr average carbohydrate values were 46.3, 48.3, 46.0, 38.6, 35.0, and 32.7% for the I_{Farmer}, I_{Growth-stage}, I_{120%ETo}, I_{100%ETo}, I_{80%ETo}, and I_{60%ETo} irrigation treatments, respectively (Table 5). The obtained results were less than the carbohydrate values reported by Kongkeaw *et al.* (2015) who stated that, carbohydrate contents of perilla seeds of 56.9%. The difference in carbohydrate contents could be due to the varieties used, climate conditions, or the cultural practiced to grow perilla.

Protein contents (%) were affected by irrigation treatments (Table 5). Results showed that, the highest 2-yr average protein content value of 12.1% was recorded for I_{Growth-stage} treatment, while the lowest value of 7.61% was recorded for the I_{60%ETo} treatment. Average protein content of I_{Growth-stage} treatment was 24.2, 11.0, 28.2, 42.1, and 59.1% higher than the protein contents of I_{Farmer}, I_{120%ETo}, I_{100%ETo}, I_{80%ETo}, and I_{60%ETo} irrigation treatments, respectively. The obtained protein values were close to those reported by Dahyani and Dahyani (2014) of 11.14%, and Kongkeaw *et al.* (2015) of 15.5% for white perilla. The obtained values were less than those of Lee *et al.* (2013) of 16 – 22%, Kaura *et al.* (2024) of 17.4%, and Gao *et al.* (2026) of 20.2 – 27.2%. Differences in protein values could be results of the perilla varieties used.

Results in Table 5 indicated that oil contents (%) in white perilla seeds were highly influenced by irrigation treatments. The 2-yr average oil content values of 24.5, 29.4,

Table 5: Effect of tested irrigation treatments on plant height (cm), total carbohydrate, total protein and oil percent of white perilla crop during 2022 and 2023 seasons

Irrigation Treat.	Plant height (cm)				Total carbohydrate (%)		Total protein (%)		Total oil (%)	
	After 45 days		After 60 days		2022	2023	2022	2023	2022	2023
	2022	2023	2022	2023						
I _{Farmer}	52.4	54.4	74.2	76.6	48.4	44.2	8.6	10.8	20.9	28.0
I _{Growth-stage}	54.8	56.8	74.0	77.2	45.9	50.7	11.5	12.6	28.4	30.4
I _{120%ETo}	53.8	55.8	66.6	69.6	43.4	48.5	9.95	11.8	24.5	29.2
I _{100%ETo}	52.0	54.0	62.2	64.4	37.1	40.1	9.20	9.68	22.2	24.3
I _{80%ETo}	43.4	45.1	56.4	59.8	33.3	36.7	7.95	9.08	19.7	22.2
I _{60%ETo}	37.4	39.2	40.2	42.6	30.8	34.6	7.28	7.93	18.3	20.8

26.9, 23.2, 21.0, and 19.6% were recorded for I_{Farmer} , $I_{Growth-stage}$, $I_{120\%ET_0}$, $I_{100\%ET_0}$, $I_{80\%ET_0}$, and $I_{60\%ET_0}$ irrigation treatments, respectively. The reduction in oil content is directly related to the reduction in perilla seed weight. Deficit irrigation at $I_{60\%ET_0}$, $I_{80\%ET_0}$, and $I_{100\%}$ led to 50.3, 40.2, and 26.5% reduction in oil yield compared to $I_{Growth-stage}$ treatment. The obtained results were less than those reported by Gao *et al.* (2026) of 28.3 – 40.6%.

Generally, the obtained results were in line with those reported by Furtado *et al.* (2016) who stated that, reduction in plant growth and accumulation of dry matter under deficit irrigation could be attributed to the decrease in water and nutrient uptake due to stomata closure, poor transpiration, and low turgor pressure, which reduced photosynthesis and cell expansion.

Effect on macro-, secondary-, and micro-nutrients

Results in Tables 6 and 7 indicated significant effect of irrigation treatments on the measured macro-, secondary-, and micro-nutrient contents in white perilla seeds. Results in Table 6 revealed that, the highest nitrogen values of 1.84 and 2.01% were recorded for $I_{Growth-stage}$ treatment, while the lowest values of 1.16 and 1.27% were recorded for $I_{60\%ET_0}$ treatment in the 1st and 2nd seasons, respectively. The highest P (%) values of 0.49 and 0.54% were recorded for $I_{Growth-stage}$ treatment, while the lowest values of 0.31 and 0.34% were recorded for $I_{60\%ET_0}$ treatment in 2022 and 2023 seasons, respectively.

The highest potassium (%) values of 0.51 and 0.56% were recorded for $I_{Growth-stage}$ treatment, while the lowest values of 0.28 and 0.35% were recorded for $I_{60\%ET_0}$ treatment in the 1st and 2nd seasons, respectively.

As for the secondary nutrients, the highest Ca (%) values of 2.995 and 3.28% were recorded for $I_{Growth-stage}$ treatment, while the lowest values of 1.89 and 2.06% were recorded for $I_{60\%ET_0}$ treatment in the 1st and 2nd seasons, respectively.

The highest Mg (%) values of 1.05 and 1.15% were recorded for I_G treatment, while the lowest values of 0.66 and 0.72% were recorded for $I_{60\%}$ treatment in the 1st and 2nd seasons, respectively.

As for micro-nutrients, results in Table 7 showed that, the highest Mn values of 221 and 243 ppm, while the lowest values of 140 and 152 ppm. The highest Zn values of 102 and 112 ppm, while the lowest values of 64.4 and 70.2 ppm. The highest Fe values of 392 and 429 ppm, while the lowest values of 247 and 270 ppm. The highest B values of 45.4 and 49.7 ppm, while the lowest values of 28.6 and 31.2 ppm. The highest Cu values of 67.9 and 74.5 ppm, while the lowest values of 42.8 and 46.7 ppm. The highest micro-nutrient values were recorded for $I_{Growth-stage}$, while the lowest values were recorded for $I_{60\%ET_0}$ treatment in the 1st and 2nd seasons, respectively.

Results indicated, in general, that there were no significant differences in macro-, secondary-, and micro-nutrient values for the $I_{Growth-stage}$ and $I_{120\%ET_0}$ treatments. Results revealed also that, all measured values of macro- and secondary-nutrients (%), and micro-nutrients (ppm) were higher in the 2nd season compared with the 1st season. The obtained results were due to higher irrigation application efficiency value in the 2nd season with direct effect on improving the availability and uptake of fertilizers injected through fertigation technique. Decreasing the amounts of applied water (i.e. $I_{100\%ET_0}$, $I_{80\%ET_0}$, and $I_{60\%ET_0}$) decreased nutrient contents in perilla seeds. The obtained results can be explained as nutrient availability may be limited since the decrease of soil moisture delays minerals' dissolution and reduces the concentration in soil solution. While, adequate moisture (i.e. $I_{Growth-stage}$ and $I_{120\%ET_0}$) ensures nutrients distribution uniformity and uptake. Excess irrigation (i.e. I_{Farmer}) led to nutrients leaching from the root zone with direct effect on uptake and plant growth.

The obtained results were in line with those reported by Dhyani and Dhyani (2014), Bhaswari *et al.* (2024), and Kaura *et al.* (2024).

Table 6: Effect of tested irrigation treatments on N, P, K, Ca, and Mg (%) in white perilla seeds during 2022 and 2023 growing seasons

Irrigation Treatment	N (%)		P (%)		K (%)		Ca (%)		Mg (%)	
	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023
I_{Farmer}	1.380 BCD	1.730 AB	0.370 BC	0.460 AB	0.390 BC	0.480 AB	2.290 BCD	2.810 AB	0.790 BCD	0.990 AB
$I_{Growth-stage}$	1.840 A	2.010 A	0.490 A	0.540 A	0.510 A	0.560 A	2.995 A	3.280 A	1.053 A	1.150 A
$I_{120\%ET_0}$	1.590 AB	1.890 A	0.420 AB	0.500 A	0.440 AB	0.530 A	2.580 AB	3.070 A	0.910 AB	1.080 A
$I_{100\%ET_0}$	1.470 BC	1.550 BC	0.390 BC	0.410 BC	0.410 BC	0.430 BC	2.390 BC	2.510 BC	0.840 BC	0.880 BC
$I_{80\%ET_0}$	1.270 CD	1.440 BC	0.340 BC	0.380 BC	0.350 CD	0.400 BC	2.060 CD	2.350 BC	0.730 CD	0.820 BC
$I_{60\%ET_0}$	1.160 D	1.270 C	0.310 C	0.340 C	0.280 D	0.350 C	1.890 D	2.060 C	0.660 D	0.720 C
LSD _{0.05}	0.282	0.299	0.081	0.081	0.081	0.081	0.457	0.488	0.163	0.173

Table 7: Effect of tested irrigation treatments on Mn, Zn, Fe, B, and Cu (ppm) in white perilla during 2022 and 2023 growing seasons

Irrigation Treatment	Mn (ppm)		Zn (ppm)		Fe (ppm)		B (ppm)		Cu (ppm)	
	2022	2023	2022	2023	2022	2023	2022	2023	2022	2023
I_{Farmer}	166 BCD	201 BC	76.5 BCD	95.9 AB	294 BCD	368 AB	34.0 BCD	42.6 AB	50.9 BCD	63.8 AB
$I_{Growth-stage}$	221 A	243 A	102 A	112 A	392 A	429 A	45.4 A	49.7 A	67.9 A	74.5 A
$I_{120\%ET_0}$	191 AB	227 AB	88.0 AB	105 A	337 AB	402 A	39.1 AB	46.6 A	58.5 AB	69.7 A
$I_{100\%ET_0}$	177 BC	186 CD	81.5 BC	85.7 BC	312 BC	328 BC	36.2 BC	38.0 BC	54.2 BC	57.0 BC
$I_{80\%ET_0}$	153 CD	173 CD	70.4 CD	80.0 BC	270 CD	307 BC	31.3 CD	35.5 BC	46.8 CD	53.2 BC
$I_{60\%ET_0}$	140 D	152 D	64.4 D	70.2 C	247 D	269 C	28.6 D	31.2 C	42.8 D	46.7 C
LSD _{0.05}	33.7	36.0	15.57	16.7	59.7	64.0	6.91	7.411	10.3	11.1

Consumed electric energy

Results showed that the highest 2-yr. average value of consumed electric energy of 4924 kW was recorded for farmer practice, while the lowest average value of 1669 kW was recorded for the $I_{60\%ET_0}$ treatment. The application of irrigation treatments reduced the consumed electric energy by values varied from 23.5 to 65.5% in the 1st season and from 27.1 to 66.7% in the 2nd season for the I_G and $I_{60\%ET_0}$ treatments, respectively as compared with farmer practice (Table 8). Energy saved was a direct result of applying the proposed irrigation treatments which led to reduce the number of hours used to operate the irrigation pump. The results of this study were close to those reported by Taha and Khalifa (2025), who indicated that the application of irrigation treatments reduced the consumed electric energy by values varied from 29.6 to 64% for the $I_{120\%ET_0}$ to $I_{60\%ET_0}$ treatments as compared to farmer practice.

Economic analyses

Results in Table 9 indicated that, the 2-year average costs were 55955, 52939, 51179, 49625, 48075, and 46524 LE/ha for the I_F , I_G , $I_{120\%ET_0}$, $I_{100\%ET_0}$, $I_{80\%ET_0}$, and $I_{60\%ET_0}$ irrigation treatments, respectively. Land rent represented the highest production cost which varied from 44.7% (I_F) to 53.7% ($I_{60\%ET_0}$), followed by irrigation cost that varied from 24.7% (I_F) to 8.8% ($I_{60\%ET_0}$) of the total cost. Results showed also that, the 2-yr average net income values from growing white perilla crop were 3917675, 4960971, 4490830,

3850349, 3485014, and 2631877 LE/ha for the I_F , I_G , $I_{120\%ET_0}$, $I_{100\%ET_0}$, $I_{80\%ET_0}$, and $I_{60\%ET_0}$ irrigation treatments, respectively. Results showed also that, the 2-yr average values of cost/benefit ratio were 1.50, 1.10, 1.20, 1.31, 1.43, and 1.90% for the same respective irrigation treatments.

From the obtained results it could be concluded for the production of white perilla crop that, applying the either I_G or $I_{120\%ET_0}$ irrigation treatments can achieve highest net income and lowest cost/benefit ratio, save irrigation water and energy as compared to other irrigation and farmer practice treatments. Also, an extension message should be conveyed to the farmers in the area to follow the results achieved by this applied research.

CONCLUSION

White perilla (*Perilla frutescens* L.) crop is a newly introduced crop to the Egyptian agricultural system. No information is available on water requirements of perilla crop under local conditions. Results indicated major effect of irrigation treatments on seed yield, plant height, total carbohydrates, total protein, total oil content, macro-, secondary-, micro-nutrients, and amounts of applied irrigation, water productivity, consumed energy, and farm net income. Perilla crop response factor was 0.778 indicating moderately tolerant to deficit irrigation. From the obtained results it could be concluded that, applying appropriate agronomic conditions (e.g. proper amounts of irrigation

Table 8: Effect of tested irrigation treatments on the energy consumed

Irrigation treatments	2022		2023		2-year average	
	Energy consumed (kW)	Saving (%)	Energy consumed (kW)	Saving (%)	Energy consumed (kW)	Saving (%)
I_F	5050	-	4798	-	4924	-
I_G	3864	23.5	3496	27.1	3680	25.3
$I_{120\%ET_0}$	3479	31.1	3192	33.5	3336	32.3
$I_{100\%ET_0}$	2898	42.6	2659	44.6	2779	43.6
$I_{80\%ET_0}$	2319	54.1	2128	55.6	2224	54.9
$I_{60\%ET_0}$	1740	65.5	1597	66.7	1669	66.1

Table 9: Effect of irrigation treatments on the net income and cost/benefit ratio of perilla crop

2022																
Irrigation treatments	Cost elements (LE/ha)										Benefits (LE)					
	Land rent	Land preparation	Sow-ing	Seed	Irrigation			Fer-tilizer	Weed control	Har-vest Yield (t/ha)	Total cost Price (LE/kg)	Local market		Total Benefits	Net Income	Cost/Benefit Ratio (%)
					Energy	Labor	Total									
I farmer	25000	3000	2400	4185	8837	5070	13907	4752	500	1800	55544	3.56	837	2979720	2924176	1.90
I growth					6762	4200	10962				52599	4.77		3992490	3939891	1.34
I 120%					6088	3000	9088				50725	4.10		3431700	3380975	1.50
I 100%					5071	2400	7471				49108	3.80		3180600	3131492	1.57
I 80%					4059	1800	5859				47496	3.27		2736990	2689494	1.77
I 60%					3045	1200	4245				45882	2.24		1874880	1828998	2.51
2023																
I farmer	25000	3000	2400	5803	8396	4715	13111	4752	500	1800	56366	4.28	1161	4967539	4911173	1.15
I growth					6117	3906	10023				53278	5.20		6035328	5982050	0.89
I 120%					5587	2790	8377				51632	4.87		5652317	5600685	0.92
I 100%					4654	2232	6886				50141	3.98		4619347	4569206	1.10
I 80%					3724	1674	5398				48653	3.73		4329187	4280534	1.14
I 60%					2794	1116	3910				47165	3.00		3481920	3434755	1.37

kwh: 1.75 LE, 1\$ (2022) = 21 LE, 1\$ (2023) = 29.61 LE

water, and applying fertilizer through drip-fertigation technique) can achieve high perilla seed yields. In case of water shortage, applying good agricultural practices and $I_{120\%ET_0}$ can save 32.2% (3113 m³/ha) of applied irrigation water without significant reduction in seed yield, achieve 4.485 t/ha of seed yield, water productivity of 0.686 kg seed/m³, save 32.3% of electric energy, and 14.3% higher net income compared with farmer practice.

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